

Cherish McMillan, MS

Speaker, Best-Selling Author, Certified Life Coach



Cherish McMillan "The F.O.C.U.S Trainer" is a highly-skilled speaker. She has written workbooks for students and professionals, including "F.O.C.U.S The 5 Principles of Success" and "R.E.F.O.C.U.S The 7 Pillars to Put You Back on Track." Energetic and dedicated, Cherish loves sharing her philosophy of "Goal completion" - her "success formula" - with people, who today face unprecedented options - and unprecedented distractions - in planning for their futures. She knows first-hand that it's possible to dream big, and see your dreams come true! Cherish McMillan has made it her mission to share her Easy Steps for Completion, that, when mastered, become a way of life.

INSPIRED BY
THE F.O.C.U.S TRAINER

**Lycoming
College**

**BRANDYWINE
HIGH SCHOOL**

**Mount Pleasant
High School**

**MARYLAND
BLACK CHAMBER
OF COMMERCE**



MCMILLANCHERISH@GMAIL.COM

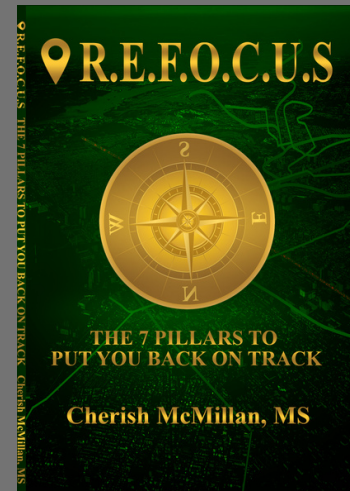
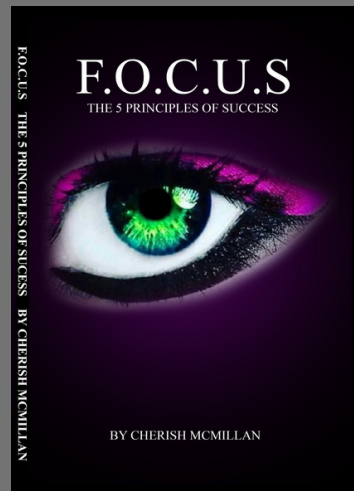


cherishmcmillan.com

SPEAKING TOPICS

- ✓ College and Career Readiness
- ✓ Professional Development
- ✓ Goal Setting and Completion

BOOKS BY CHERISH MCMILLAN



"Ms. McMillan was an inspirational and motivational speaker to our students. She came with positive energy and connected with every student throughout the interactive presentation. Students left better understanding what is required of them to achieve their dreams in life."

- Kenny Rivera, Teacher, Brandywine High School